## <u>Weight loss in a box **BASIC**</u> – Supported with Health Coaching:

- 12-week weight loss Roadmap as a PDF
- 12-week weight loss digital program
- easy to use Bodysite platform app for iPhone and Android
- 24/7 monitoring and coaching through the app
- remote connected scale that connects to the digital platform
- protein shaker for meal replacement
- water bottle for hydration
- fitness band to use for safe resistance training exercises
- 6 personal health coaching sessions- 30minutes in length done via tele-health visit or in clinic
- remote weight monitoring through remote scale for 6 full months and feedback during program

### Weight loss in a box PREMIUM

- everything in weight loss box Basic -

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- 6 personal health coaching sessions- 30minutes in length done via tele-health visit or in clinic
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#### -Plus -

• program supplements included: Probiotic – (Orthobiotic) #30 plus Ancient Nutrition plant-based protein powder.

# Weight loss in a box PLATINUM

- everything in weight loss box PREMIUM -

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#### \$999 - \$1,499

\$699

\$599

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- remote weight monitoring through remote scale for 6 full months and feedback during program
- program supplements included Orthobiotic #30 plus Ancient Nutrition plant-based protein

#### -Plus-

• Medical consult and supervision for weight loss including medication of your choice:

\$999 includes 3 mo. supply prescription appetite suppressant

\$1,399 includes weekly effective weight loss medication prescription (sub cutaneous injection)

\$1,499 includes 3 mo. supply prescription appetite suppressant + weekly effective weight loss medication prescription (sub cutaneous Q injection)